





SPOTLIGHT




31 DAYS IN OCTOBER

UNDERGROUND COMEDY CLUB

NOEL JAMES 

HOWARD READ 

TOM TAYLOR 

PLUS MOLLIE ANN GRANT & OPEN MIC TEA

18TH OCTOBER 2018

THE UNDERGROUND, BISHOPS CASTLE

TICKETS £10, ON SALE NOW - 07855725012



**SpArC
APPLE
PRESSING
DAY**

SpArC

COMMUNITY APPLE PRESSING DAY

Press your own apples-Sunday 21st Oct.
Public Hall, Station St. Bishop's Castle.
Book your 1/2hour slot from 9.30-4pm
phone 01588 638762 or email katetheplate@gmail.com
Bring your own apples and screwtop bottles 30p for 70cl
bottle/40p litre + 20p litre pasteurising
Save the SpArC on Facebook <https://savethesparc.org/>

Clun Valley Beer Festival—5th-6th October

Real Ales in the pubs along the Clun Valley. Live Music

Details from 01588 640305 www.cvbf.co.uk email: pub@whi-clun.co.uk

Please note that whilst every effort is made to ensure that all event details published are correct the producers of Spotlight cannot be held responsible for any incorrect information or changes to published events that may occur
Spotlight is published by Enterprise South West Shropshire, Enterprise House, Station Street, Bishop's Castle, SY9 5AQ.
Entries for Events are Free and may be left at Enterprise House or you can contact
Gail Pickford on 01588 638038.
Spotlight is now available on-line at www.bishopscastle.co.uk

Enterprise House IT Resource Centre, Station Street, Bishop's Castle, Shropshire. SY9 5AQ
Tel/Fax: 01588 638038 e-mail: enterprise.house@bishopscastle.co.uk www.bishopscastle.co.uk

October 2018

1st	Meditation at Mainstone led by Bob Bates 7.30pm at the Village Hall. Call 01588 630148 for info
2nd	Clun WI Meeting 7.30pm at Haslehurst Community Room
2nd	Onny Valley Social Club AGM 2.30pm at Norbury Village Hall.
2nd	Flicks in the Sticks present "The Post" 7.30pm at Lydbury North Village Hall.
4th	Jam Night at the Vaults, Bishop's Castle from 9pm
5th	Arts Alive present Publick Transport in "We are Bronte" 7.30pm at Edgton V.H. Call 01588 680366/680454
5th	Flicks in the Sticks present "The Guernsey Literary and Potato Peel Society" 7.30pm Marton VH. 01938580116
5th	BC Walking Group Walk "Clun to BC" (8m). (9.10 Bus from the Boars Head). Call 01588 630531 for info.
5th	Live Music at Bishop's Castle Town Hall with "Simon Kempston" One of Scotland's best Singer/Songwriters 7.30pm. Call 01588 630023 to book or visit www.bishopscastlethownhall.co.uk
5th/6th	Clun Valley Beer Festival. Real Ale & Live Music in the pubs along the Clun Valley. See www.cvbf.co.uk
6th	Bishop's Castle Antiques & Flea Market 9am-4pm at the Town Hall.
6th	Flicks in the Sticks present "Brigsby Bear" 6pm at Priest Weston Village Hall . Call 01938561449
6th	Bumper Jumble Sale 2pm at Norbury V. Hall. Sandwiches, cakes, cream teas & raffle. In aid of Norbury Church
7th	Blakemoregate Cottages Open 11am-3pm. Restored Miners squatter Cottages. Call 01743 792294
8th	White Horse Inn, Clun Music Sessions, from 8.30pm
9th	SWSHAS Talk "The Codebreakers: Enigma, Bletchley Park and the Battle of the Atlantic" with M Baldwin. 7.30pm at The Church Barn, Bishop's Castle
9th	Live Screening from the Vaudeville Theatre London of "The Importance of being Ernest" 7.15pm at Aston on Clun Village Hall. Call 01588 660545
9th	BC Footpath Walking Group Walk "Around BC" (12, 8 or 5m). Meet at Harley Jenkins CP at 9.30am Bring packed lunch. Call 01588 638999 for info.
9th	Mainstone WI Meeting "Cycles - On Yer Bike" with Liz Colebrook 7.30pm at the Village Hall.
10th	Bettws WI Meeting 7.30pm at Bettws Village Hall
10th	BC Film Society present "Hotel Salvation" 8pm at The Three Tuns, Bishop's Castle.
11th	Norbury & District WI Meeting with Magician Jack Dent 7.30pm at Norbury Village Hall.
11th	Coffee Morning 10am-12noon at Lydbury North Village Hall. In aid of Severn Hospice.
11th	Live Music at the Vaults, Bishop's Castle from 9pm
12th	BLAST Storytelling "Pride, Power & Prayer" 7.30pm at The Town Hall, BC. Call 01588 630023
12th	Flicks in the Sticks present "Edie" (12A) 8pm at Clungunford Parish Hall. Call 01588 660159
12th	Flicks in the Sticks present "Beast" (15) 7.30pm at Knighton Community Centre. Call 01547 520602
12th	Flicks in the Sticks "Mary and the Witches Flower" (U) 5pm Leintwardine Community Centre. Call 07572442903
12th	Wine Club Tasting Session at Lydbury North Village Hall. Call Keith on 01588 680257 for info
12th	English Country Dancing for all with Alphabet Dancers 8pm-10pm at Lydham VH. Call 01743 891117
13th	"Russet Ramble" 12m sponsored walk around BC in aid of the Bowling Club. Email jbarry54@hotmail.com
13th	Shoobox Saturday Party 10am-12noon at BC Methodist Church Hall. Pack a Box for Operation Christmas Child. Call 01588 630769. Some shoeboxes and pocket money toys will be available

October 2018

13th	1 day Workshop "What you need to know about sheep" at Brynmawr SY7 8QU. Call 01588 630666
13th	Live Music at Marton VH "Johnny & Hywel" 7.30pm. Call 0138 561645 or 561626 to book. Bar and Draw.
13th/14th	Painting Retreats with Lin Brown "Ordinarily Sacred, The Heart of Home" Stapleton VH. Call 01939210640
15th	Bishop's Castle Carers Group Tea & Cake at The Discovery Centre, Craven Arms. Contact 03333231990
16th	BC WI Meeting "Our Finest Hour" with Kenneth Ballantyne 7.30pm at the Methodist Hall, BC
17th	Onny Valley Social Club trip to Cotswold Wildlife Park & Garden. Call 01588 650607 or 07971882553
17th	Fun Quiz at Bedstone & Hopton Castle Village Hall 7.30pm. Call 01547 530282 to book. Teams of 4.
17th	Flicks in the Sticks present "Edie" (12A) 7.30pm at Clun Memorial Hall. Call 01588 640109
17th	Coach Trip to Malvern to see "Rebus: Long Shadows" based on the Ian Rankine Novels. Call 01588 640506
17th	Shropshire Diners at Lydbury North VH. Meal & Dessert. £12.50. Bring drinks. Call 01588 505080 to book.
18th	Shropshire Council & National Osteoporosis Society Free Information Event at Norbury V.H. . Call 07545788872 to book or online at www.shropshire-osteoporosis-information-event-tickets.eventbrite.com .
18th	Lydbury North WI Meeting "Things to Make for Christmas" with Catherine Galliers. 7.15pm at the V.H
18th	Live Music at the Vaults, Bishop's Castle from 9pm
18th	BC Footpath Walking Group Walk "Rhos Fiddle" (9m). Meet at Harley Jenkins CP at 9.30am. Bring packed lunch. Call 01588 630446 for info.
18th	Underground Comedy Club at the Underground, Bishop's Castle with Noel James, Howard Read and Tom Taylor. Also Music with Mollie Ann Grant & Open Mic. Tickets £10 from 07855725012
19th	Can you help with Litter Picking in Bishop's Castle? Picker Sticks & Bags provided. Bring a high vis jacket if you have one and gloves. Every 3rd Friday of the month. 10am from the Auction Yard Call 01588 630531
19th	Linocut Workshop with Drusilla Cole 10am-4pm at the Bleddfa Centre, Knighton . Call 01547 550377
19th	"Dare to Wear it Pink Day" at The White Horse Inn, Clun. Live Music from 9pm with "The Smoking Guns."
20th	Clun Produce Market 10am at The Hightown Community Room.
20th	Concert for The Royal British Legion at St John's Church, Bishop's Castle 7pm.
20th/21st	Ludlow "Showing Off" Contemporary Craft Fair" 10am-5pm (Sunday 10am-4pm) at Ludlow Castle.
20th	Young Persons Exhibition at BC Town Hall - theme "Battles Over" until 17th Nov Call 01588 630023 for info
20th	Flicks in the Sticks " All the Wild Horses" (15) 7.30pm at Bettws-y-Crwyn Parish Hall. Call 01588 640233
20th	Bishop's Castle Farmers Market 9am-1pm in the Town Hall.
20th	Flicks in the Sticks "Finding Your Feet" (12) 7.30pm at Everest Hall Llanfairwaterdine. Call 01547510672
20th	Flicks in the Sticks "The Guernsey Literary and Potato Peel Pie Society (12A) 7.30pm at Chapel Lawn V. Hall. Call 01547 530258
20th	"Annual Race Night" at Edgton Village Hall with Pie & Pea Supper. 7pm Call 01588 680503 to book
20th	Live Music at Bishop's Castle Town Hall with "The Jerseys" 8pm. Call 01588 630023
20th	Live Music "Re Booted" Hot Food & Raffle at Newcastle Community Centre 7.30pm tickets £25 in advance £20 on the door. Call 01588 640108 for tickets. Fundraiser for Newcastle Children's Centre.
21st	Community Apple Pressing Day 9.30-4pm at BC Public Hall. Call 01588 638762 to book a half hour slot. Bring your own apples and bottles. 30p for 70cl. Proceeds to Save the Sparc.

October 2018

21st	Autumn Brocante Market at Aardvark Books, Brampton Bryan. 10am-3pm.
22nd	White Horse Inn, Clun Music Sessions, from 8.30pm
24th	BC Film Society present "Loveless" 8pm at The Three Tuns, Bishop's Castle.
24th	BC Footpath Walking Group Walk "Wilderhope" (7m). Meet at Harley Jenkins CP at 9.30am. Bring packed lunch. Call 01694 724664 or 723921 for info.
24th	SWS Gardening Club, talk "Exotic Blooms & How they Got to Shropshire" with Heather Williams. 7.30pm at Lydbury North Village Hall. (preceded by short AGM)
25th	Live Music at the Vaults, Bishop's Castle from 9pm
26th	An Evening with ??? 7.30pm at Hightown Community Room, Clun.
26th	Flicks in the Sticks present "The Shape of Water" 7.30pm at Bedstone & Hopton VH. Call 01547 530282
26th	English Country Dancing for all with Alphabet Dancers 8pm-10pm at Lydham VH. Call 01743 891117
26th/27th	Grand Book Sale at Bishop's Castle Town Hall
27th	Pre-Christmas Craft Fair from 10am at St Georges Church, Clun.
27th	Live Music at Clun Memorial Hall "The Health & Happiness Show" a double bill of Country acts with The Poobahs and Dave Luke and Chuck Micallef. Call 07748188222 for info
27th	Apple Juicing Day at Clunton Village Hall from 10am
27th	Flicks in the Sticks present "The Guernsey Literary & Potato Peel Society" 7.30pm at Aston on Clun Village Hall. Cal 01588 660545 for info/booking
27th	Narroper or Pocket Opera at the Ballroom, Walcot Hall. Don Giovanni. 7.30pm. Call 01588 680413 to book
28th	West Gallery Music Workshop for Singers & Instrumentalists led by Edwin & Sheila Macadam 10.30am-4.30pm at Lydbury North V. Hall. Call 01588 630678 to book a place or email trevorchalkley@gmail.com
28th	Vintage Model Show at Aston on Clun Village Hall 10am-4pm. Call 01588 660568 for info
29th	BC Footpath Walking Group Walk "Stokesay" (8m). Meet Harley Jenkins CP at 9.30am.
29th-2nd	Half Term Holiday Fun "Mary Anning & The Dinosaurs" The Discovery Centre, Craven Arms 01588 676060

Clinical Pilates Class

Mondays 6pm at Hope Village Hall
 Tuesdays 9am at Lydbury North Village Hall &
 6pm at Clun Memorial Hall



Seated & Standing Pilates for People unable to get to floor

Tuesdays 10.15am at Lydbury North Village Hall

Call Ruth on 07788123380 Other Options & 1:1 available see www.ExtendAbility.co.uk

SpArC Theatre Events - October 2018

Tickets 01588 630321/638038 www.sparctheatre.co.uk

Thurs 4th 7.15pm
Tickets £12/£8



Shakespeare's Globe Live - "A Winter's Tale"

**** *"A superb cast deliver striking performances in a production that is knowingly dissonant, from the costumes to the climax"* The Guardian
 The Winter's Tale is Shakespeare's great play of the irrational and inexplicable, illustrating how uncontrollable emotions can range across gender, country, class and age. Its universe is full of monsters, gods and natural disasters with a colossal sweep that takes audiences from the stifling atmosphere of the Sicilian court to the unbuttoned joy of a Bohemian festival. Directed by Blanche McIntyre, this new production staged at the beautiful and iconic Globe Theatre in London

SpArC Theatre Events - October 2018
Tickets 01588 630321/638038 www.sparctheatre.co.uk

Tues 9th 2pm
All Tickets £3
Accompanying Carers



Afternoon Film: - “An American in Paris”

Classic 1951 film starring Gene Kelly as an American ex-GI who stays in post-war Paris to become a painter, Music and Dancing- they don't make them like this anymore! Gerry Mulligan is an American ex-GI who stays in post-war Paris to become a painter, and falls for the gamine charms of Lise Bouvier .Accessible Cabaret seating/no steps/ hearing loop/ tea and biscuits £1/ Free Dial-a Ride Bus available from Bishop's Castle and Lydbury North call 01588 638350 to book. Supported by the Friends of Bishop's Castle Community, Care Home and Hospital.

Fri 12th 7.30pm
Tickets £12/£6



Live Music - Bon Debarras - En Panne de Silence

The worlds of music, dance and poetry untied through a collaboration between Montreal artists The group brings together a fusion of Quebecois folk music, traditional step-dancing and global influences, for a show that is full of fun and inventive energy, in an atmosphere that transcends boundaries and ages. A welcome return- not to be Missed! Bon Débarras' folk music is deeply rooted in the memory of French-speaking America. . Feet stomping, hand clapping, leg slapping and full-on singing are to be expected from both performers and the audience alike.

Thurs 18th 11am & 1.30pm
Tickets £5



Live Theatre - “Pirate Pearl & The Big Blue Monster”

Pirate Pearl lives aboard the good ship Mirabel with her crusty old shipmate – Grandpa Bert! With songs, puppets and live music, this fantastic family show will have you singing along, dancing in the aisles and laughing till your sides split. With captivating story, sing-along music, puppets along side actors and, of course, audience interaction Suitable for little pirates and monsters aged 3 to 93 Specifically aimed at 3-7 year olds.

Sun 21st 2pm
Tickets £13/£8



Royal Ballet Screening - “Mayerling” 2 intervals 195mins

Mayerling is a classic of the Royal Ballet repertory, with its emotional depth, haunting imagery, and one of the most demanding roles ever created for a male dancer. From the ballet's start, the glamour of the Austro-Hungarian court is contrasted with undercurrents of sexual and political intrigue that drive the story to its violent climax in a double suicide. The large cast allows for impressive ensembles in addition to the ballet's many solos of distinctive character and pas de deux of disturbing eroticism. This ballet, bursting with intensity, madness and passion, proves that sometimes the truth is more scandalous than fiction.

Thurs 25th 6.30pm
Tickets £5/4



Film - “War Horse” (PG)

Albert and his beloved horse, Joey, live on a farm in the British countryside. At the outbreak of World War I, Albert and Joey are forcibly parted when Albert's father sells the horse to the British cavalry. Against the backdrop of the Great War, Joey begins an odyssey full of danger, joy and sorrow, and he transforms everyone he meets along the way. Meanwhile Albert, unable to forget his equine friend, searches the battlefields of France to find Joey and bring him home “*War Horse is bold, exquisite family filmmaking in the grandest Hollywood tradition. Be warned: whether you're a hippophile or not, it's a four-hankie moviegoing experience*” *Empire* . Commemorating 100 years since the end of World War I

Sun 28th 5pm
Tickets £13/£8

Royal Opera House Live Screening - “Die Walkure” (Wagner)

Broadcast from Covent Garden Wagner's *Ring* cycle is one of the greatest works of all opera. The full cycle's four operas journey from the beginning of a world to its destruction, with gods, heroes and monsters. *Die Walküre* (The Valkyrie) is the second opera in the cycle, and features several of the *Ring*'s musical highlights – the sparkling Magic Fire Music and the electrifying Ride of the Valkyries. But among the musical fireworks and Norse mythology, at the centre of this opera are the unforgettable characters and the complex entanglements between them, **3 Acts 2 intervals Duration 290mins In German with English subtitles**

Dates for your Diary November 2018

1st	Ludlow Halloween Market 9.30am-4pm in the Castle Square
1st	Live Music Concert "Gigspanner" 8pm at Bishop's Castle Town Hall. Call 01588 630023 to book.
1st	Live Screening of Alan Bennett's "Alleluiah" 7pm at SpArC Theatre, BC. Call 01588 630321/638038
1st	Live Screening of Alan Bennett's "Alleluiah" 7pm at Aston on Clun Village Hall. Call 01588 660545
1st	Jam Night at the Vaults, Bishop's Castle from 9pm
1st/2nd	Half Term Holiday Fun "Mary Anning & The Dinosaurs" The Discovery Centre, Craven Arms 01588 676060
2nd	Live Music at the White Horse Inn, Clun with "Shop Front Heroes" from 9pm
2nd	Supper Dance and Music from "Mark Brown" 7.30pm at Chirbury VH . Call 01938 561611 or 561883
2nd	"The Wizard of Oz" Film at SpArC Theatre, Bishop's Castle. Free entry with donations to BC Primary School
3rd	Craft Fair 10am-12.30pm at Priest Weston Village Hall
3rd	Table Top Sale 10am-2pm at Marton Village Hall.
3rd	Bishop's Castle Antique & Flea Market 9am-4pm at the Town Hall.
5th	Live Music Sessions at the White Horse Inn from 8.30pm
5th	Meditation at Mainstone led by Dave Corbett 7.30pm at the Village Hall. Call 01588 630148 for info
6th	Bishop's Castle Civic Society Annual Awards Meeting at The Methodist Hall 7.30pm. Illustrated talk with John Rimmer on the proposed renovation of the Bishop's Castle Weighbridge.
6th	Clun WI Meeting 7.30pm at Haslehurst Community Room, Clun
6th	Flicks in the Sticks present "Journey's End" (12a) 7.30pm at Lydbury North VH Call 01588 680302
7th	Bishop's Castle Film Society present "Lacombe, Lucien" 8pm at the Three Tuns Inn, Bishop's Castle
8th	Live Music at the Vaults, Bishop's Castle from 9pm
8th	Norbury & District WI AGM and Social Evening 7.30pm at Norbury Village Hall.
8th	Clun Senior Citizens at Haslehurst Community Room from 3pm
8th	BC Walking Group Walk "Church Pulverbatch" (5.6m). Meet at Harley Jenkins CP at 9.30am. Call 07910198477
9th	Concert "Tunes in the Trenches" with John Kirkpatrick 7.30pm at BC Town Hall. Call 01588 630023
9th	Live Theatre "Shane Shambu-Confessions of a Cockney Temple Dancer" 7.30pm at SpArC Theatre, Bishop's Castle. Call 01588 638321/638038 to book
9th	Marches Sew'n'Sews Coach trip to Lampeter "The Welsh Quilt Centre & Calico Kate". Leaves Montgomery at 9am. Call 01686 668120 for info and booking or email caslinn@btinternet.com
9th-11th	"Voices from Darkness" The First Clun Valley Chamber Music Festival. 4 Concerts See www.clunvalleymusic.co.uk for details and booking of call 01588 640162 or 07846 786020.
9th-17th	WW1 Commemorative Display at St Georges Church, Clun
9th	Flicks in the Sticks present "Finding Your Feet" 7.30pm at Marton Village Hall.
9th	English Country Dancing for all with Alphabet Dancers 8pm-10pm at Lydham VH. Call 01743 891117
9th	Live Music at Bedstone & Hopton VH. "Hobsons Choice" Sea Shanty Singers 7.30pm. Call 01547530282
10th	Clun Methodist Church Autumn Fair 2pm at Clun Memorial Hall.

Dates for your Diary November 2018

10th	Music Workshop with "Paul Hutchinson" (Belshazzar's Feast) for all levels & abilities. 10.30 to 4.30pm in Bishop's Castle. £25 inc refreshments. Call 01588 630678 to book or email trevorchalkley@gmail.com
11th	Open Afternoon at Bishop's Castle Town Hall. Films, Displays, Memorabilia from WW1, Tea & Cake. Free
12th	Psychic Night from 6.30pm at the White Horse Inn, Clun
12th	BC Walking Group Walk "Stiperstones" (6 or 4m). Meet at Harley Jenkins CP at 9.30am. Call 01588 638999
13th	Mainstone WI AGM & Talk "Nail Art" with Jemma Wilkinson" 7.30pm at The Village Hall.
13th	Bettws WI Meeting 7.30pm at the Village Hall.
13th	SWSHAS AGM & Talk "Building Beginnings: house history" with Jill Ming. 7.30pm The Church Barn, BC
15th	Lydbury North WI AGM and Beetle Drive 7pm at the Village Hall.
15th	Coffee Morning at Abbeyfield House, Bishop's Castle from 10.30am
15th	Live Music at the Vaults, Bishop's Castle from 9pm
15th	Live Theatre at Aston on Clun Village Hall "Agent of Influence:-The Secret Life of Pamela Moore" 7.30pm. Tickets £10/£6 from 01588 660493 or 660893.
16th	Can you help with Litter Picking in Bishop's Castle? Picker Sticks & Bags provided. Bring a high vis jacket if you have one and gloves. Every 3rd Friday of the month. 10am from the Auction Yard Call 01588 630531
16th	BC Orchestra Music Hall Fundraiser in aid of SpArC. 7pm at SpArC Theatre, BC. Call 01588 638321/638038
16th	Linocut Workshop with Drusilla Cole 10am-4pm at the Bleddfa Centre, Knighton . Call 01547 550377
16th	BLAST Storytelling "Unconsidered Trifles" 7.30pm at The Town Hall, BC. Call 01588 630023
17th	Painting Retreats with Lin Brown "Compassion" at Stapleton Village Hall. Call 01939210640
17th	Bishop's Castle Farmers Market 9am-1pm in the Town Hall
17th	Live Music "Satori" Clun Valley Jazz Concert 8pm at BC Town Hall. Call 01588 630023
17th	Craft Fayre 10am-3pm at Church Stretton School Food available. Xmas and Fairtrade Gifts available.
17th	Clun Produce Market from 10am at The Hightown Community Centre.
18th	Live Royal Ballet Screening "La Bayadere" 2pm at SpArC Theatre, BC. Call 01588 638321 or 638038
19th	BC Carers Group "Interesting Stuff you can do on the Internet" 2-4pm Boars Head. Contact 03333231990
19th	Live Music Sessions at the White Horse Inn from 8.30pm
20th	BC WI Meeting "Christmas Crackers" with Sheila Leeke 7.30pm at the Methodist Hall, BC
20th	Afternoon Film "Churchill" 2pm at SpArC Theatre, Bishop's Castle. Call 01588 638321 or 638038
20th	BC Walking Group Walk "New Radnor" (8m). Meet Harley Jenkins CP at 9am. Call 01694 724654 for info.
21st	Bishop's Castle Film Society present "Ghost Stories" 8pm at the Three Tuns Inn, Bishop's Castle
22nd	Live Music at the Vaults, Bishop's Castle from 9pm
22nd	Film "Ocean's 8" (12a) 7pm at SpArC Theatre, Bishop's Castle. Call 01588 638321 or 638038
23rd	English Country Dancing for all with Alphabet Dancers 8pm-10pm at Lydham VH. Call 01743 891117
24th/25th	Ludlow Mediaeval Market 9.30am-4pm Ludlow Castle. See www.ludlowmedievalchristmas.co.uk for info
24th	Ludlow Christmas Lights switch on including festive afternoon with Santas Grotto 2-4pm. Switch on 5pm.
24th	Live Music with "Ben Boden " The Sounds of Simon 7.30pm at BC Town Hall. . Call 01588 630023 to book

PAUL BEBB AUCTIONS -SALE FIXTURES.

Bishop's Castle Public Hall, Station, Bishop's
Castle. Shropshire

Tel: 01743 462763 Mobile: 07974 118467

VIEWING Fri 4.30pm

AUCTION STARTS 6.30pm

Sat VIEWING from 8.30am

AUCTION STARTS 10am

Oct 2018

12th/13th

26th/27th



Citizens Advice Shropshire

Bishops Castle Outreach

Citizens Advice Outreach will be open at
Enterprise House on the following dates:

10am-12noon

Mon 1st October

Mon 15th October

Enterprise House

Enterprise House • Station Street • Bishops Castle • Shropshire • SY9 5AQ

01588 638038 Phone/Fax

enterprise.house@bishopscastle.co.uk

www.bishopscastle.co.uk

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Computer Repairs
Web Design
Training
Faxing



We can help you with your event Publicity
Posters/Tickets/Flyers can all be produced
from a single A4 Poster (your design or ours)



All about Osteoporosis

Are you affected by osteoporosis or think you
maybe at risk?
If so please join us for this free information and
education event

Shropshire Council and the National Osteoporosis Society

Invite you to an information event on:

Date: Thursday 18th October 2018

Time: 10am – 12.30pm (Registration from 9.30am)

Venue:
The Village Hall Norbury, Bishops Castle, SY9 5DX
(use SY9 5EA postcode for SAT NAV systems)

The Programme will include:

- An Overview of osteoporosis, risk factors, diagnosis, Supplements and treatments
- Lifestyle, Diet and exercise advice
- How to stay safe
- Information on what support is available from the National Osteoporosis society
- A chance to ask questions

Representatives will include: A consultant Geriatrician,
A specialist Nurse, Public Health Programme Lead and Local
Exercise Professional

BOOK YOUR PLACE

Book online via Event Bright:

<https://shropshire.osteoporosis-information.event-tickets.eventbrite.com>

By contacting Katie Hall on: 07545 788 872

To book Dial-A-Ride via Adrian Varcoe

Telephone: 01588 638350 / Email: dial.a.ride@btinternet.co.uk

(between 9.30am and 12.30pm, at least 24 hours before you
wish to travel)



Bishops Castle Short Walks - Every Monday 10.30 am

Meet at Enterprise House- Short sociable walks of 30-60 mins in lower part of town.

Ring 01743 255059 for info

ENTERPRISE HOUSE OPENING HOURS

MON 9AM-5PM, TUES 9AM-7PM, WED 9AM-4PM

THURS 9AM-5PM, FRI 9AM-7PM, SAT 10AM-1PM

THE OFFICE CLOSSES EVERYDAY FOR LUNCH 1-1.30PM

Enterprise House IT Resource Centre Enterprise House, Station Street, Bishop's Castle. SY9 5AQ
Tel/Fax 01588 638038 email:enterprise.house@bishopscastle.co.uk. www.bishopscastle.co.uk

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Tel/Fax 01588 638038 email:enterprise.house@bishopscastle.co.uk. www.bishopscastle.co.uk